**Sanctioned Activities**

**Whitewater, Sprint, Marathon Disciplines**

February 2021

* supervised\* on water training and practices including:
	+ programs for all skill levels
	+ Special Olympic/PaddleAll programs
	+ para programs
	+ Canoe Kids programs.
	+ canoe polo.

 training and practices may use a variety of boat types, including:

* + sprint boats.
	+ war canoes
	+ dragon boats
	+ stand up paddleboards.
	+ outriggers
	+ other non-motorized recreational boats
	+ marathon boats
	+ whitewater boats
	+ voyageur canoes
	+ surf skis.
	+ prone paddle boards

training may also be conducted through online programs that are created and monitored by sanctioned leader(s) as per each affiliate’s policy.

* supervised\* river trips.
* sanctioned training camps
* competitions
	+ sanctioned regattas and races
	+ club and intra-club competitions.
	+ canoe polo.
	+ loading and unloading boats for travel to and from regattas
* clinics
	+ coaching and instructor certification
	+ official certification
	+ motorboat safety (on and off water training)
* off water training programs including:
	+ running
	+ weight training.
	+ ergometer training
	+ aerobic training
	+ paddle pool training.
	+ cross country skiing
	+ soccer and other aerobic games
	+ swimming
	+ strength training
* general maintenance activities including:
	+ installing and removing club docks
	+ installing and removing racecourse
	+ boat and motor maintenance and repair.
	+ maintenance of club and grounds
* other activities
	+ year end banquets, sports awards, social events (subject to alcohol service policy)
	+ promotional activities including:
	+ “try-it-outs”
	+ demonstrations
	+ distribution of promotional material
	+ fundraising activities that are limited to club members subject to approval by CKO

\*Supervised means overseen by sanctioned leader(s) per CKO affiliate safety policy.

**Safety Policy Adherence**

As a requirement of a CKO sanction, it is understood that all activities will be conducted in accordance with the Sprint, Marathon and Whitewater safety policies as posted on the respective websites:

[Sprint Safety Policy](https://canoekayak.ca/wp-content/uploads/2019/06/CKC-Sprint-Code-of-Safety_June13_FINAL.pdf)

[Whitewater Safety Policy](https://www.dropbox.com/s/50edfze1brf0ncp/Club%20Event%20And%20River%20Sanctioning%20Application%20Requirements.docx?dl=0)

[Marathon Safety Policy](https://omckra.com/home/documents/)

If your organization experiences any sort of incident during a CKO sanctioned activity, that leads to a potential Sport Accident Insurance claim or legal claim, you must submit all details and relevant claim submission forms directly to CKO.

**Activities that are NOT sanctioned by CKO include**:

* Any event/activity where alcohol service is included and does not meet the standards of the service of alcohol policy
* Unsupervised paddling activities
* Dragon Boat rentals
* Dragon Boat festivals
* Fundraising activities such as golf tournaments, bonspiels etc. that include participants that are not members of the discipline.
* Other activities not listed and as defined by CKO

**Service of Alcohol Policy - Sanctioned Activities**

A CKO member activity, that includes the service and consumption of alcohol, will be eligible for a CKO sanction if it meets the following standards:

* The service of alcohol must be conducted by a third party and not the CKO member. Alcohol service is fully managed and conducted by the third party, and all service providers are fully trained and certified.
* The CKO member must verify that the third party has liquor liability insurance coverage. A certificate of insurance with a minimum coverage of $2 million is required from the third party, listing CKO and the CKO member as additional insured.
* The service of alcohol takes place within a facility that is fully licensed for alcohol service and that adheres to all regulations as outlined by the Alcohol and Gaming Commission of Ontario. A copy of this license may be requested by CKO.
* The activity meets the satisfaction of CKO, who reserves the right to decline a sanction at its discretion.